

Spirometry Interpretation and Optimising Inhaler Technique

A One-Day course explaining essential elements in the diagnosis and management of COPD and asthma

Presented by:

Richard Wood - Training Consultant, Simply Spirometry



Richard has worked in the field of Spirometry as a training consultant for over 10 years.

Prior to this he trained at Kings College Hospital, London and then worked for 5 years on an acute medical ward at the John Radcliffe Hospital in Oxford.

Richard has provided training to the BBC, and has been a regular speaker at the Royal College of Nursing on their occupational health courses. He now provides a wide range of bespoke training courses to industry and primary care.

Jon Bell - Director, Canday Medical Ltd



Jon has quickly become a well-respected speaker on inhaler issues, drawing on experience gained from over 15 years in respiratory medicine. His interactive presentations have prompted many Nurses, Doctors and Pharmacists to re-think how they assess and teach inhaler technique.

Originally training at The London Hospital, Whitechapel, Jon went on to hold research, sales and marketing positions with international pharmaceutical and medical device companies.

Canday Medical Ltd. is a specialist company that focuses on how patients use inhaler devices, manufacturing research and training tools for healthcare professionals and the pharmaceutical industry.

Description and Aims:

These interactive workshops address key issues in Spirometry Interpretation and Inhaler Technique training.

Spirometry Interpretation:

- Test technique - This will involve looking at patient preparation, contra-indications, setting up and performing a test and ensuring that the results obtained are technically acceptable within the guidelines of the British Thoracic Society.
- Interpretation of results – This will involve systematically working our way through a test report form explaining what the parameters are, what they are measuring and what the normal values should be and understanding the significance of the volume time curve and flow volume loop.
- Relating interpretation of results to different disease patterns and looking at the relevance of Spirometry to Primary Care.

Optimising Inhaler Technique:

- Inhaler designs – An exploration of differences between various inhaler devices, how aerosols are created in each design, and the pro's and con's of the various inhalers on the market today.
- Aerosols – How different size particles behave when inhaled, and why an understanding of basic science can explain differences in lung deposition, clinical benefit and side-effects.
- Assessment and Training – health professionals can improve how they identify sub-optimal inhaler technique, and with simple tools, choose the most appropriate device for each individual, and improve training – maximising lung deposition, improving quality of life, and minimising waste.

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Format

Full 1-day course, including practical and interactive demonstrations, professional handouts for delegates to work through and take away.

Maximum number per workshop - 20 delegates.

Each presenter requires one three-hour session with the audience. Morning and afternoon running-times provide for adequate coffee/tea breaks, and a standard 1-hour lunch-break. On the basis that registration can be completed by 9.30 a.m., all delegates will be able to complete a full day's training, and be able to depart at around 4.30 p.m.

Richard and Jon can provide their own Audio/Visual facilities (overhead and digital projection, flip charts and projection screen), or use existing facilities where available. A suitable meeting room to accommodate delegates is required.

Certificate of Attendance

C.M.E. certificates will be provided to all those attending.

Costs

Speaker costs are set at £1200.00 + travel expenses (excl. VAT), for up to 20 delegates.

Testimonials

"Richard is brilliant. This is the best workshop I have been to on Spirometry. I finally understand it! Thank you." (PN)

"Richard is a very effective communicator and has good teaching skills; his enthusiasm for Spirometry is infectious." (GP)

"This was the best teaching session I have ever been to. Richard has a very relaxed and informal style. I have learnt a tremendous amount and found the session very enjoyable." (PN)

"Learning about the physics of different devices makes you understand inhalers & techniques for patients. It makes you think about correct practice & how changes can be made to help improve our future practice." (GP)

"A lively interactive session. A good teacher making learning fun. I will remember a super way in delivering inhaler technique. Well done." (Practice Nurse)

"I have been in dispensing for 21 years, only today do I know the correct way to use an inhaler" (Dispenser)

"Brilliant. Learned lots about techniques and devices as I don't do asthma in my practice yet. Jon Bell captured the audience and is a real pleasure to listen to." (Practice Nurse)

How to book

Richard and Jon work independently, but liaise regularly to ensure these joint meetings can suit both health authorities and commercial sponsors. You can contact either Richard or Jon via 'phone or email.

Richard Wood – Mobile: 07968 111443 – email: info@simplyspirometry.co.uk

Jon Bell – Mobile: 07808 182990 – email: jon@canday.co.uk

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